

# Success Strategies Workshop

Name: \_\_\_\_\_ STU. ID #: \_\_\_\_\_ Date: \_\_\_\_\_

## What's My Status?

1. I am on \_\_\_\_\_ Probation (academic, progress)
2. This is my \_\_\_\_\_ semester on probation (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or more)
3. My Term GPA is \_\_\_\_ (from transcript)
4. My cumulative GPA is \_\_\_\_ (from transcript)
5. I have completed \_\_\_\_\_ credits (from transcript)

## How Did I Get Here?

1. The circumstances, events, and/or decisions that prevented me from being successful are:

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2. I have made the following adjustments to resolve the issues listed above.

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## CMC Probation Policies

**ACADEMIC PROBATION:** The Academic Probation policy applies after a student has completed a minimum of \_\_\_\_\_ Credits. If a student's GPA falls below \_\_\_\_\_ ("C" Average), after the student has completed 12 or more credits, he/she would be on Academic probation.

**PROGRESS PROBATION:** If you withdraw from classes and receive a grade of "W," (also "I," "NC," or "NP") in \_\_\_\_\_ or more of your classes, you will be placed on Progress Probation. Of the grades listed on the screen, only one of them does not affect Progress Probation. Please list that grade. \_\_\_\_\_

**CONSEQUENCES OF PROBATION:** Students on probation cannot \_\_\_\_\_ classes until they have completed certain requirements. After completing this workshop, you will have to see a counselor to sign a \_\_\_\_\_. You must bring your completed worksheet with you.

# Success Strategies Workshop

The CMC Course \_\_\_\_\_ Policy may \_\_\_\_\_ you from completing \_\_\_\_\_ classes for graduation and transfer.

**DISMISSAL:** Any student subject to dismissal may \_\_\_\_\_ a written appeal in \_\_\_\_\_  
\_\_\_\_\_. Dismissed students are not allowed to take \_\_\_\_\_ at CMC for at least \_\_\_\_\_ semester. The submitted "Reinstatement after Dismissal" form must be \_\_\_\_\_ and all conditions \_\_\_\_\_ before classes can be taken.

## How Do I Get Off Probation?

### **Strategy 1: Determine how many classes I should take this semester**

How many classes did I get a "C" or better in last semester? \_\_\_\_\_  
How many classes did I get a "C" or better in previous to the last semester? \_\_\_\_\_  
How many hours a week do I work? \_\_\_\_\_  
You should plan to take \_\_\_\_\_ classes next semester.

### **Strategy 2: Determine what classes I should take this semester**

If I retake a class in which I received a poor grade, \_\_\_\_\_

Wendy took PSY 1, General Psychology, last semester and received a "D" grade. Based on the information on this slide, what should Wendy do?

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Based on your previous entries, list the classes that you should take this semester.

Subject	#	Title	Credits

### **Strategy 3: Determine the Support needed to be Successful**

Are you taking a Math class or will you need help writing papers? Before you get behind use the \_\_\_\_\_ to complete homework and get help in difficult subjects.

## Strategy 4: Be Prepared for Classes

\_\_\_\_\_ classes require you to have a computer and an internet service provider. Make sure you get your \_\_\_\_\_ before classes begin.

There are four examples of student schedules. Indicate if it is a good plan. If it is not, indicate which rule was violated.

1. 3 Classes, no Math: Good Plan?	YES	NO	If no, which rule was violated?	RULE 1	RULE 2
2. 3 Classes with MATH 57: Good Plan?	YES	NO	If no, which rule was violated?	RULE 1	RULE 2
3. 3 Classes with MATH 50: Good Plan?	YES	NO	If no, which rule was violated?	RULE 1	RULE 2
4. 4 Classes with MATH 40: Good Plan?	YES	NO	If no, which rule was violated?	RULE 1	RULE 2

## Strategy 5: Have Others Check Your Plan

The other people that I need to make sure my plan works with are:

\_\_\_\_\_  
\_\_\_\_\_

## Strategy 6: Plan to get "A" grades

From the current slide, select the grades that a student on Academic Probation must receive in order to get off Probation. \_\_\_\_\_

## More Effective Strategies

All scheduled \_\_\_\_\_ related items MUST have priority over \_\_\_\_\_ items. Your Personal relationships MUST \_\_\_\_\_ or \_\_\_\_\_ your academic goals.

Make sure you have \_\_\_\_\_ for all your classes \_\_\_\_\_ the semester begins. Don't \_\_\_\_\_ on big ticket items or go into \_\_\_\_\_ while you are in school.

Learn from your \_\_\_\_\_, and learn to say "\_\_\_\_\_".

## Academic Renewal

All grades from a poor semester may be \_\_\_\_\_ from your cumulative GPA by the Academic Renewal Policy. You may apply after \_\_\_\_\_ months have passed from the semester in question.

If you have completed 15 credits after the considered semester, your GPA must be \_\_\_\_\_.

If you have completed 30 credits after the considered semester, your GPA must be \_\_\_\_\_.

If you have completed 45 credits after the considered semester, your GPA must be \_\_\_\_\_.

## Now What? Where do I go from here?

The key momentum points are small goals that, once reached, increase your probability of successfully completing your program. While the order of completion may be different for you, you will reach each one of these momentum points as you complete your program at CMC.

1. The last goal you attained on this chart is:

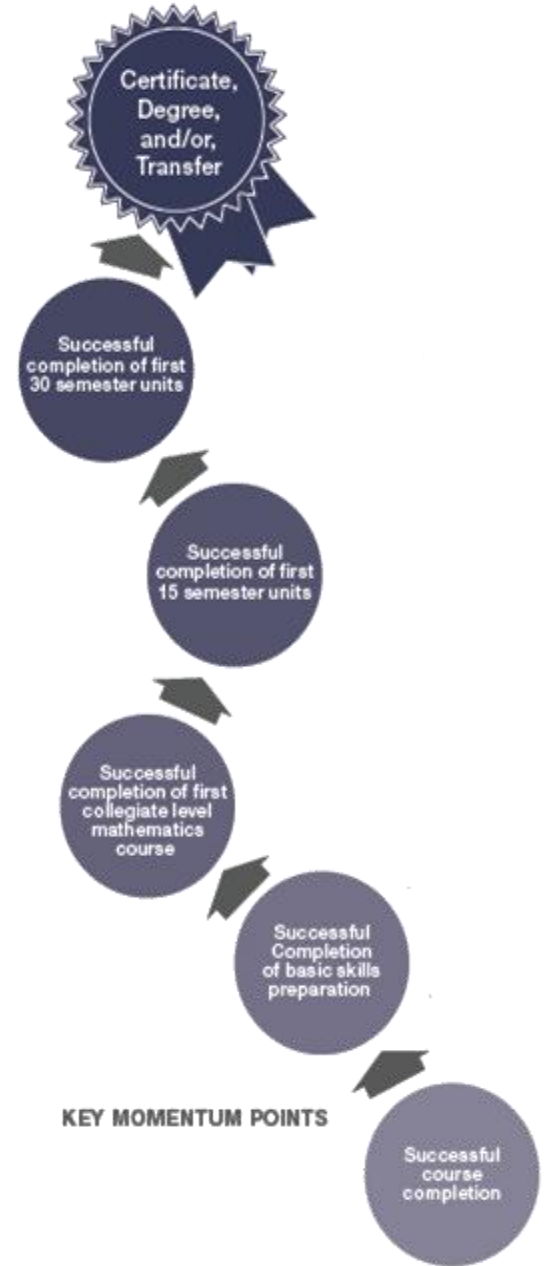
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2. The next goal I should set for myself is:

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# My Weekly Schedule

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 am							
7 am							
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							
11 pm							
12 am							